

# Newman Grove Breakfast & Lunch Menus

(A variety of low fat & fat free milks offered with each meal)

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>January 4</b> Muffin <u>Fresh Fruit &amp; Juice</u> Hotdog in Bun Mashed Potatoes Peas	<b>January 5</b> Breakfast Sandwich <u>Fresh Fruit &amp; Juice</u> Goulash w/Noodles Green Beans	<b>January 6</b> Donuts <u>Fresh Fruit &amp; Juice</u> Breakfast for Lunch Peaches	<b>January 7</b> Granola Bars <u>Fresh Fruit &amp; Juice</u> Hot Ham & Cheese Sandwich Chips Pears	<b>January 8</b> Cinnamon Roll <u>Fresh Fruit &amp; Juice</u> Chicken Fajitas Rice Beans
<b>January 11</b> Breakfast Burrito <u>Fresh Fruit &amp; Juice</u> Pasta Meat Sauce Corn	<b>January 12</b> Pancakes <u>Fresh Fruit &amp; Juice</u> Chicken Po Boys Rice Peaches	<b>January 13</b> Ham & Hashbrowns <u>Fresh Fruit &amp; Juice</u> Salisbury steaks Mashed Potatoes Green Beans	<b>January 14</b> Oatmeal <u>Fresh Fruit &amp; Juice</u> CONTEST WINNER'S CHOICE!	<b>January 15</b> Scrambled Eggs <u>Fresh Fruit &amp; Juice</u> Chicken Parmesan Buttered Noodles Pears
<b>January 18</b> Fruit Churro <u>Fresh Fruit &amp; Juice</u> Philly cheesesteaks Au Gratin Potatoes Applesauce	<b>January 19</b> Waffles <u>Fresh Fruit &amp; Juice</u> Taco Tuesday Rice Beans	<b>January 20</b> Omelette <u>Fresh Fruit &amp; Juice</u> Cheeseburger French Fries Peaches	<b>January 21</b> Cereal <u>Fresh Fruit &amp; Juice</u> Chicken Strips Mashed Potatoes Corn	<b>January 22</b> Breakfast Quesadilla <u>Fresh Fruit &amp; Juice</u> Jambalaya Fresh Bread Squash
<b>January 25</b> Breakfast Pizza <u>Fresh Fruit &amp; Juice</u> Cavatini Garlic Bread Winter Vegetables	<b>January 26</b> Biscuits & Gravy <u>Fresh Fruit &amp; Juice</u> Chicken Cordon Blue Sandwich French Fries Pears	<b>January 27</b> Huevos Rancheros <u>Fresh Fruit &amp; Juice</u> Tater Tot Casserole Green Beans Blueberry Cobbler	<b>January 28</b> Breakfast Casserole <u>Fresh Fruit &amp; Juice</u> Pizza Broccoli Mixed Fruit	<b>January 29</b> Fruit Strudel <u>Fresh Fruit &amp; Juice</u> BBQ Pulled Pork Sandwich Chips Applesauce